




Hudson Area Nutrition Program May 2019 Menu

Serves Mon. through Thurs. (*Fridays serves congregate only) at the Hudson Senior Center
 1320 Wisconsin Street, Hudson *Call 715-386-8709 24 hours in advance for a meal*
Due to circumstances beyond our control, menu changes may occur from time to time.

Monday	Tuesday	Wednesday	Thursday	Friday (On-Site Dining Only)
<p>Suggested Donation for: Congregate Dining: \$5.00 per meal Home-delivered Meals: \$6.50 per meal Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p>		<p>1 Tortellini w/ meat sauce California Blend Veggies Tossed Salad Garlic Toast Chef's Dessert</p>	<p>2 Homestyle Meatloaf Mashed Potatoes Carrots Tossed Salad Chef's Dessert</p>	<p>3 CLOSED</p>
<p>6 Tator Tot Hotdish Green Beans Tossed Salad Soft Roll Chef's Dessert</p>	<p>7 Roast Pork Mashed Potatoes Dressing Peas & Carrots Coleslaw Chef's Dessert</p>	<p>8 Chuck Roast Mashed Potatoes/Gravy Rutabagas Mixed Greens Chef's Dessert</p>	<p>9 Sloppy Joe on a bun Sweet Potato Fries Peas & Carrots Coleslaw Chef's Dessert</p>	<p>10 Fried Chicken Mashed Potatoes Vegetable Coleslaw Chef's Dessert</p>
<p>13 Braised Spare Ribs Caraway Potatoes Sauerkraut Tossed Salad Chef's Dessert</p>	<p>14 Baked Cod New Potatoes Brussel Sprouts Coleslaw Chef's Dessert</p>	<p>15 Swedish Meatballs Mashed Potatoes Peas & Carrots Tossed Salad Chef's Dessert</p>	<p>16 Chicken Ala King Rice Pilaf Carrot Coins Tossed Salad Chef's Dessert</p>	<p>17  Outdoor Picnic at the Senior Center</p>
<p>20 Ham Slice Au Gratin Potatoes California Blend Veggies Tossed Salad Chef's Dessert</p>	<p>21 Spaghetti w/ meat sauce Italian Green Beans Tossed Salad; Garlic Toast Chef's Dessert</p>	<p>22 Fried Chicken Mashed Potatoes Dressing; Vegetable Coleslaw Chef's Dessert</p>	<p>23 Salisbury Steak Mashed Potatoes Buttered Carrots Tossed Salad Chef's Dessert</p>	<p>24 Lunch Out Call site for details</p>
<p>27 CLOSED </p>	<p>28 Chopped Sirloin Baked Potato Grilled Onion Mixed Greens Chef's Dessert</p>	<p>29 Chicken Chow Mein White Rice Crisp Noodles Tossed Salad Chef's Dessert</p>	<p>30 Baked Ham Au Gratin Potatoes Peas w/ mushrooms Tossed Salad Chef's Dessert</p>	<p>31 Pizza and Movie Day </p>